

Promising Careers for Self-Sufficiency

Research from the Women's Foundation for the State of Arizona

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Making up **45%** of the full-time workforce, women are a cornerstone of the Arizona economy. Across Arizona, women who work full-time are most commonly employed in human services, working as nurses, medical assistants and teachers, and in administrative, customer service, and retail positions. Although such positions are vital to the economy, many jobs in these fields offer relatively low wages and may not provide adequate income for women—especially single mothers needing to support their families.

Even when working full time, single mothers are likely to be in or near poverty and need assistance to make ends meet for their families. Education is often a limiting factor; only about **1 in 6** single mothers have a four-year college degree.

Given the strong correlation between education and earnings, single mothers of young children face an uphill battle when finding work that can support their family.

In Arizona, women with limited education can significantly improve their income by pursuing additional training or education in high demand and promising fields.

Promising Career Requirements:

- Less than 4-year degree
- Moderate on-the-job training or less
- Growing occupation statewide
- 150+ annual openings in Arizona
- Median annual wage of \$50,000+

Strategic support can launch more women into these fields.



Respiratory

Therapist



26 hourly

Civil Engineering Technician



32 hourly

Electrical Technician



29 hourly

Computer Network Support Specialist



hourly

Cargo and Freight Agent



Support mothers with greater access to these educational pathways and childcare subsidies for full-time educational enrollment.



Make these fields more hospitable for women with flexible workplaces, family-friendly policies, and more.

Read the full 28 Promising Careers report at womengiving.org/research